Πανεπιστήμιο Κύπρου
University of Cyprus

ELEMEKAN
HELLENIC SOCIETY FOR THE STUDY OF CARDIOVASCULAR DISEASES

Event endorsed by

EACVI
European Association of Cardiovascular Imaging

7th STRESS ECHO COURSE

19-21 Nov. 2026
| Athens, Greece



ATHENS MEDICAL GROUP

Echocardiology
Dpt of Athens
Medical Center

Echo Lab of the General
Hospital of Athens
Korgialenio Benakio
Hellenic Red Cross

7th STRESS ECHO COURSE

SCIENTIFIC PROGRAM

Thursday | 19.11.2026

13.00-14.15	**Stress echo procedure**	
13.00-13.15	**Indications and contra-indications for stress echo**	**K. Papadopoulos**
13.15-13.30	**Before stress echo** • Lab set-up and medication used • Informed consent • Patient's preparation • Safety measures	**N. Kadoglou**
13.30-13.45	**During stress echo** • Protocols of stress echo: A. Pharmaceutical stress echo B. Exercise stress echo • Image acquisition and analysis	**K. Papadopoulos**
13.45-14.15	**After stress echo** • Criteria for protocol completion • Potential complications and their management • Patient's care and information • Report	**S. Karagiannis**
14.15-14.30	**Coffee break**	
14.30-15.15	**Application of novel imaging techniques in stress echo**	
14.30-14.45	Contrast agents	**N. Kadoglou**
14.45-15.00	Speckle Tracking & 3D	**K. Papadopoulos**
15.00-15.15	ABCDE Stress Echo Protocol	**S. Karagiannis**

19-21 Nov. 2026

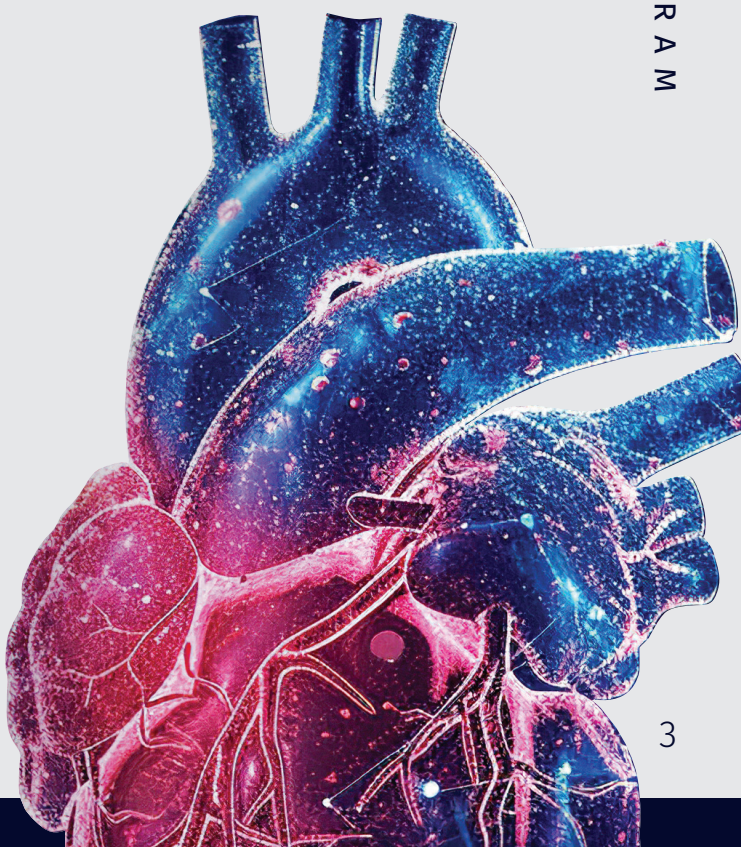
| Athens, Greece

The theoretical part of the course will be held at
Athens Medical Center 5-7 Distomou str Amarousion



15.15-16.15	**Stress echo and coronary artery disease**	
15.15-15.35	Chronic Coronary artery disease -Diagnosis	**K. Papadopoulos**
15.35-15.55	Viability study and pitfalls in special conditions (LBBB, microvascular disease etc)	**S. Karagiannis**
15.55-16.15	Stress echo for risk stratification, patient's prognosis and pre-operative evaluation	**N. Kadoglou**
16.15-16.30	**Coffee break**	
16.30-19.00	**Computer hands-on**	

SCIENTIFIC PROGRAM



7th STRESS ECHO COURSE

SCIENTIFIC PROGRAM

Friday | 20.11.2026

09.00-14.00	**Echo lab hands-on**	
14.00-15.00	**Light Lunch**	
15.00-16.05	**Stress Echo in valvular diseases**	
15.00-15.10	Mitral Stenosis	**N. Kadoglou**
15.10-15.30	Mitral regurgitation	**N. Kadoglou**
15.30-15.50	Aortic stenosis	**S. Karagiannis**
15.50-16.05	Mixed valvulopathies	**D. Ikonomidis**
16.05-16.20	**Coffee break**	
16.20-19.00	Computer hands-on	

Saturday | 21.11.2026

09.00-14.00	Echo lab hands-on	
14.00-15.00	**Light Lunch**	
15.00-16.00	**Stress Echo in heart failure and cardiomyopathies**	
15.00-15.20	Ischemic heart failure	**K. Papadopoulos**
15.20-15.40	Non-ischemic heart failure-Cardiomyopathies	**P. Papadimitriou**
15.40-16.00	Pulmonary hypertension, unexplained dyspnea	**N. Kadoglou**
16.00-16.15	**Coffee break**	
16.15-18.15	**Computer hands-on**	
18.15-19.15	**Exam test and results discussion** (Interactive session with comments, conclusions and summarized take home messages)	